

## Body Mass Index (BMI)\*

### 2012 Maine Pregnancy Risk Assessment Monitoring System Survey Results

Demographic Groups		Underweight		Normal		Overweight		Obese	
	Population	%	CI	%	CI	%	CI	%	CI
<b>Total</b>	<b>12,692</b>	<b>10.9</b>	<b>8.4 - 13.9</b>	<b>49.8</b>	<b>45.4 - 54.2</b>	<b>13.1</b>	<b>10.4 - 16.4</b>	<b>26.3</b>	<b>22.6 - 30.4</b>
<b>Age</b>									
<20 years	799	27.1	14.9 - 44.3	56.3	39.5 - 71.8	0.0	0.0 - 0.0	0.0	0.0 - 0.0
20-24 years	2,971	20.2	13.8 - 28.5	46.3	37.6 - 55.2	12.9	7.9 - 20.3	20.7	14.5 - 28.8
25-34 years	7,233	6.2	4.0 - 9.5	51.0	45.1 - 56.8	13.4	9.8 - 17.9	29.5	24.4 - 35.1
35+ years	1,689	0.0	0.0 - 0.0	47.6	35.3 - 60.2	17.4	9.7 - 29.2	31.4	0.0 - 44.5
<b>Mother's Race</b>									
White	11,875	10.8	8.3 - 14.0	49.7	45.2 - 54.2	12.4	9.7 - 15.7	27.0	23.2 - 31.2
Black	414	0.0	0.0 - 0.0	0.0	0.0 - 0.0	0.0	0.0 - 0.0	0.0	0.0 - 0.0
Other	390	0.0	0.0 - 0.0	0.0	0.0 - 0.0	0.0	0.0 - 0.0	0.0	0.0 - 0.0
<b>Hispanic Origin</b>									
No	12,481^	10.8	8.3 - 13.9	49.6	45.2 - 54.0	13.0	10.3 - 16.3	26.6	22.9 - 30.8
Yes	202^	#	# - #	#	# - #	#	# - #	#	# - #
<b>Education</b>									
< High School	1,225	15.1	7.3 - 29.0	55.5	40.8 - 69.4	0.0	0.0 - 0.0	20.2	10.7 - 35.0
High School	4,005	15.3	10.5 - 21.8	41.9	34.4 - 49.8	11.8	7.6 - 17.8	31.0	24.2 - 38.7
> High School	7,396	7.6	5.0 - 11.2	53.1	47.3 - 58.7	14.6	10.9 - 19.2	24.8	20.2 - 30.1
<b>Marital Status</b>									
Married	7,403	7.8	5.3 - 11.5	51.7	45.9 - 57.4	13.4	9.9 - 17.9	2.6	22.3 - 32.5
Not Married	5,289	14.2	10.2 - 19.6	47.6	40.9 - 54.3	12.8	8.9 - 18.0	25.4	19.9 - 31.8
<b>Income</b>									
\$14,999 or less	3,749**	12.7	8.2 - 19.0	50.1	41.9 - 58.3	11.2	6.9 - 17.5	26.1	19.5 - 34.0
\$15,000-24,999	1,942**	11.8	6.3 - 21.3	37.7	27.8 - 48.8	20.0	12.5 - 30.6	30.4	21.2 - 41.6
\$25,000-49,999	2,395**	10.3	5.6 - 18.3	41.8	32.5 - 51.7	17.3	11.1 - 26.1	30.6	22.3 - 40.3
\$50,000 or more	3,583**	7.3	4.1 - 12.7	60.2	52.3 - 67.5	10.4	6.4 - 16.4	22.1	16.3 - 29.3

<b>Enrolled in WIC</b>													
<b>No</b>	6,668**	10.7	7.5	-	15.1	56.3	50.4	-	62.0	10.6	7.5	-	14.8
<b>Yes</b>	5,439**	11.3	7.8	-	16.2	42.0	35.5	-	48.8	16.0	11.7	-	21.7
<b>Enrolled in MaineCare/Medicaid</b>													
<b>No</b>	5,080**	6.6	4.0	-	10.6	56.9	50.3	-	63.3	11.6	7.9	-	16.6
<b>Yes</b>	7,170**	13.9	10.3	-	18.5	44.7	38.9	-	50.6	14.2	10.5	-	18.8
<b>Infant's birth weight</b>													
<b>&lt;2500 grams</b>	848	12.1	9.0	-	16.2	56.2	50.9	-	61.4	9.1	6.5	-	12.6
<b>2500 grams or more</b>	11,838	10.8	8.2	-	14.0	49.4	44.8	-	54.0	13.3	10.5	-	16.8

NOTES: CI = 95% Confidence Interval

Population size for groups giving birth in Maine are taken from the Maine Vital Statistics System unless otherwise noted.

Unknowns are excluded from all tabulations.

\*Recoded responses to Survey Question 1 and 2: *How tall are you without shoes?*

*Just before you got pregnant with your new baby, how much did you weigh?*

\*\* Estimates of the population size for this group giving birth in Maine are made through PRAMS.

^ Estimate of Hispanic population giving birth in Maine is taken from the 2012 birth file.

# There were fewer than 10 survey respondents to this question. Data may be unreliable for describing this group, therefore percent is not reported.

Maine Department of Health and Human Services  
Data, Research, and Vital Statistics